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News Release: For Immediate Release

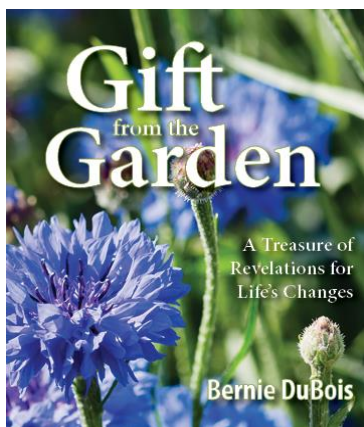
Contact: Mary DuBois, mary@trellispublishing.com; 218-428-0254

New York Mills, Minnesota – Trellis Publishing, Inc. announces the release of their newest title, *Gift from the Garden*, by award-winning author Bernie DuBois, a perfect inspirational book for gift giving.

Much like Anne Morrow Lindberg’s *Gift from the Sea*, Bernie DuBois applies a gentle approach to the changes and phases that happen in a woman’s life, and she compares these stages to plants in *Gift from the Garden*.

In this graceful, poignant book, DuBois shares her musings on belonging and community; healing and nurturing; and building a vision that works for each woman’s life.

Drawing inspiration from her garden, her anecdotes are filled with humor and compassion for women’s dilemmas. Having been a college teacher and administrator, Bernie Dubois brings a wise and insightful approach to the way women are constantly changing and growing in today’s frenzied society. Her writing is both restorative and inspirational, no matter the reader’s life stage.



Specifications: \$12.95; 84 pages; 5X6 trim size; ISBN: 978-1-930650-26-8; Pub date: November 1, 2017; \$20,000 marketing budget for bookstores, regional booksellers, library trade, and an author tour of the Midwest and Southeastern United States. Distributed through Small Press United. See our other books, including the 1936 Newbery Classic, *Honk: the Moose*, at our website: www.trellispublishing.com.
